

INFORMED CONSENT: USE OF ARTIFICIAL INTELLIGENCE (AI) IN CLINICAL DOCUMENTATION

Client: _____ (Printed name)

Purpose:

This form explains how artificial intelligence (AI) may be used to assist with documenting your treatment so you can decide whether to allow this use.

What AI Does (and Does Not) Do

In this practice, AI may be used to:

- Transcribe and organize session documentation.
- Help structure documentation and identify themes or patterns in your record.
- Support accurate, timely, and organized clinical records.

AI tools “assist” with documentation only. Your therapist remains fully responsible for all clinical assessments, diagnoses, and treatment decisions.

Information that May be Processed by AI and Privacy Measures:

- Audio-Recorded and/or Written Session notes and narrative descriptions.
- Clinical observations, history, goals, and progress.

Security measures include encrypted transmission and compliance with California’s Confidentiality of Medical Information Act (CMIA) and, where applicable, HIPAA. Even with safeguards, no system can guarantee perfect security.

Potential Benefits, Risks, and Limitations:

- More organized and complete records.
- Better continuity of care across sessions.
- More therapist time available for clinical work rather than paperwork.

Risks and limitations:

- AI may misunderstand or mis-transcribe some content; all notes are reviewed by your therapist.
- Use of external vendors always carries some privacy risk, even with encryption and de-identification.
- AI cannot understand the full nuance of your experience or relationship and does not make clinical decisions.

Your Rights: You have the right to:

- Refuse or withdraw consent for AI use at any time without penalty to your care.
- Ask questions about how AI is used and what information is processed.
- Request access to your records and ask for additions or corrections.
- File a complaint with the California Board of Behavioral Sciences or the California Attorney General if you believe your information has been misused.

California law (including AB 3030 and AB 489) requires that you be informed when generative AI is used for clinical communications and clarifies that AI cannot present itself as a licensed health provider.

Your Choice About AI Use: Please check one

- I CONSENT to the use of AI tools to assist with documentation and record-keeping for my therapy, as described above.
- I DO NOT CONSENT to the use of AI in my documentation. My therapist will use traditional (non- AI) methods to maintain my records.
- I CONSENT WITH MODIFICATIONS:

I allow the use of AI only for the following (for example, transcription but not pattern analysis):

Signatures:

By signing below, I acknowledge that I have read this form, had the opportunity to ask questions, and understand I may change my decision later by notifying my therapist in writing.

Client Signature: _____ Date: _____

Therapist Signature: _____ Date: _____